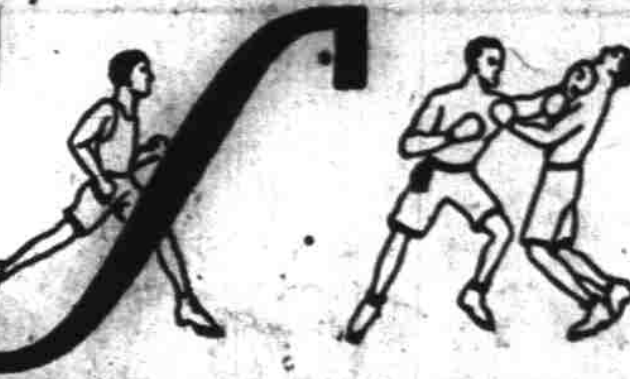


# LAURENCE REDINGTON SPORTING EDITOR



# SPORTS



# THE TRUTH ABOUT SPORT IS NEVER A KNOCK

## HEILBRON THE FINAL CHOICE FOR REFEREE

Fighters Agree on the Well-Known Local Sporting Man. Good Card at Athletic Park

**TODAY'S FIGHTS.**  
4 p. m.—Young Layman vs. George Ingle.  
4:30 p. m.—David Kupe vs. Trooper Bauersack, eight rounds referee, "Sailor" Clark.  
5 p. m.—Eddie Madison vs. Johnny McCarty, fifteen rounds at 142 pounds.  
Place—Athletic Park.  
Gates open—3 p. m.  
Show starts—4 p. m.  
Referee—W. Heilbron.

Billy Heilbron, the well known local sporting man, will referee the McCarthy-Madison fight this afternoon. This was decided last night at a conference between the fighters and the promoter, after a long wrangle over who was to be the third man in the ring.

McCarthy has been standing out for George Ingle, but Madison thought that it wasn't good business, as McCarthy and Ingle were travelling companions on the way down here. Madison wanted Mike Paton, but the latter wasn't over anxious to serve, after his experiences at the last bout. Heilbron is the compromise candidate. He has had considerable experience as a referee, doing good work here in almost all the bouts that were pulled off between 1909 and 1905. His integrity is undisputed and he knows the Queensbury game from A to Z.

Both McCarthy and Madison are in first rate shape for their set-to, and the same can be said of Kupe and Bauersack, whose mill is attracting hardly less attention than the main event.

The seating arrangements at Athletic Park are capable of giving everybody an unobstructed view of the ring, and the fact that the fight is to be held in the open air in the cool of the afternoon should bring out a big crowd.

The ring has been improved somewhat, a padded ledge being built around the outside edge, so that the fighters put on the ropes will not fall off the platform.

The main event should come on about 5, the first prelim being scheduled for 4.

## SAWED OFF SHORT

The first match of the three-game series between the second polo teams of Oahu and the Fifth Cavalry, is scheduled for this afternoon at Schofield Barracks. On paper the teams seem evenly matched, and both at the big post and in local circles there is keen interest shown in the result. Today Oahu will be represented by Dr. Baldwin, Walter Macfarlane, Harold Dillingham and Henry Damon, while the Cavalry four consists of Milliken, Baird, Heffernan and Groninger.

The Myrtle Boat Club is to be the host tonight at an elaborate dance, to take place in the club house overlooking the harbor. Myrtle entertainments have been notable for their good fellowship and pleasant social features, and this is sure to live up to the standard. Tickets, at \$1, are for sale by a limited number of members, who are keeping a close watch on the outgoing pasteboards, thereby assuring a high class attendance. Those who have tickets for sale are F. A. Becker, E. Podmore, H. Bailey, A. F. Rollert, A. T. Wisdom, R. K. Chillingworth and L. Hough.

Johnny Kling is trying hard to infuse new blood into the Ward men. Boston has purchased the Giants' option on Arthur Bues, and is hot on the trail of promising youngsters. What the Braves want, in the opinion of the Boston critics, is speed.

Twenty-five games in succession without an error is a stretch of perfect fielding continuity, or continuous perfection, credited to Johnny Evers this season.

"This ball club," says John McGraw, referring to his Giants, "is a stronger all around club than the Giants that won the world's championship in 1905. It is making a good many more runs than that club did."

**There Is Only One  
Model Sanitary  
Barber Shop**  
Three First-Class Artists at your service.  
**BETHEL AND KING.**  
R. G. Sylvester and E. Schroll, Props.

## MISS EDNA SMITH NEW TENNIS CHAMPION OF THE HAWAIIAN ISLANDS

Defeats Miss Louise Phillips of Chicago in Well-Played Finals Yesterday at Beretania

Miss Edna Smith, of Quincy, Mass., is the new tennis champion of Hawaii. She won the title yesterday by beating Miss Louise Phillips, the Chicago player, in a match that was replete with flashes of splendid tennis form. Miss Smith really earned her victory, winning many points with clean aces due to clever placing, and not depending on the misplays of her opponent, as is so often the case in ladies' tennis.

The first set went to Miss Phillips 6-4, after some exciting rallies. In the second, Miss Smith took the lead at the start, and placed to such good purpose that she ran the set out 6-1. The final set was a see-saw affair, which was captured by the new champion 9-7.

Neither player slowed up, as the points fell first on one side of the net and then on the other. In fact, it was a better exhibition of the game at the close than at the beginning of the match.

## AL PALZER IS GAME ALL THE WAY THROUGH

Albert Palzer's sensational victory over Bombardier Wells in New York recently continues to be a live topic. The fight settled one point beyond question of doubt—the gamefulness of the American. Before the bout Tom O'Rourke, Palzer's former manager, intimated that the big fellow had a streak of yellow and surely would "dog it" if Wells managed to hurt him. But O'Rourke evidently was wrong, for he saw Palzer come back under fearful punishment and win impressively in three rounds.

If Palzer had been a quitter he would have stopped of his own accord in the first round. Nobody ever saw a man so completely outwitted in that short space of time. Palzer's nose and mouth were bleeding from one punch, a right hook; his right eye was closed from another straight left-hand jab, and a swing under the point of the jaw flattened him in such a manner that a knockout seemed imminent. When Palzer got up, his gamefulness and stamina were put to a grilling test. Wells cut him to pieces and made him stagger blindly all over the ring. The Englishman's attack was about the fiercest ever seen in any heavyweight battle, yet Palzer stuck it out to the end of the round. Wouldn't Quit.

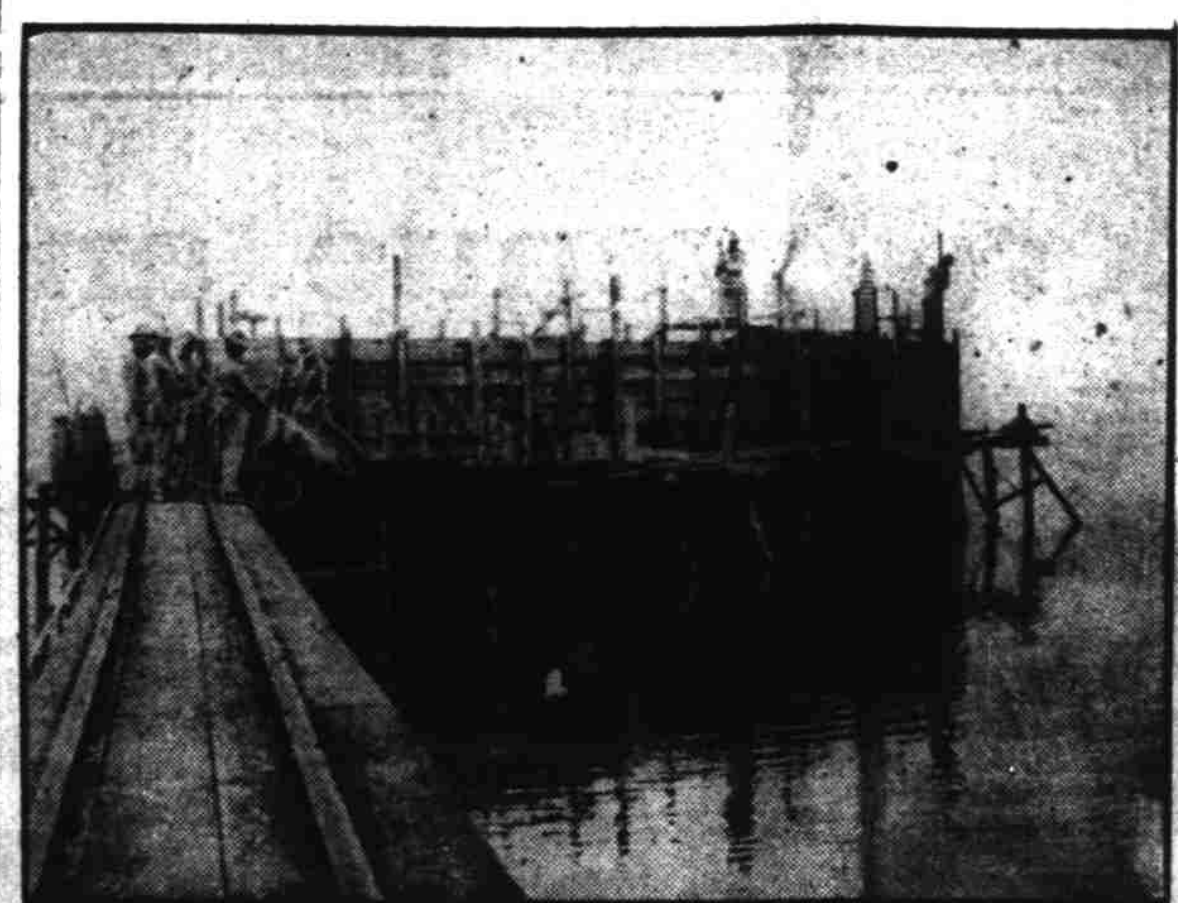
This strenuous spell of three minutes settled the question as to Palzer's courage, for in spite of the battering he increased his aggressiveness in the second and third rounds, and finally got to the Briton with blows that might have stopped even Mr. Jack Johnson. At least that is the prevalent belief, although it is freely admitted that Johnson's offensive tactics would make the landing of such great wallops a matter of blind luck. But could Johnson hit any harder than Wells? If so, could he knock Palzer out before the latter had a chance to slug at close quarters? Johnson's weak spot is just above the belt, precisely the place where Palzer planted his victorious right-hand swing. Could Johnson show faster footwork than Wells in keeping away?

There isn't the slightest doubt that Palzer today is more aggressive than was Jeffries when he won the title from Fitzsimmons at Coney Island. Sharkey, always a rusher, was smaller, lighter and not so hard a hitter as Palzer. Looking back over the champions, John L. Sullivan seems to have been reproduced in this husky Iowa farmer, who is a natural born fighter with bulldog courage and a knockout punch. Jimmy Wakely, who once managed and backed Sullivan, exclaimed after the Palzer-Wells battle:

**Another John L.**  
"Palzer is another Sullivan. He is a ferocious slugger and a giant in strength. Nobody living can hit him harder than Wells, not even Johnson. He was a bit fat, but his natural fighting ability was immense. If he beats Luther McCarty nothing can stop him from whipping the big smoke for the title. Palzer is bigger and stronger than Johnson and can out-slug him. Take it from me!"  
Palzer's next battle will be with Luther McCarty in New York. Palzer declared recently that he would make short work of McCarty. In other words, the Palzer-McCarty scrap will provide a man who will force Johnson into a real fight some time in the fall.

But the humbug seldom makes things hum.  
The path to the poorhouse is paved with gold bricks.  
Fads are all right for those who haven't anything to do but kill time.  
The first week of the Swat the Fly campaign in North Yakima, Wash., resulted in the death of 6,374,000.

## NEW RANGE STARTS HEALTHY BOOM FOR RIFLE-SHOOTING



NEW KAKAOKO RIFLE BUTTS

## Guardsmen and Marines May Shoot Team Match in the Near Future—Rifle Reports

The exact sport of rifle shooting is soon to get a substantial boost in Honolulu. For several weeks past men have been hard at work on the construction of new rifle butts for the National Guard, at the Kakaako range, and with their completion, and the commencement of the outdoor course for the citizen soldiers, it is believed that there will be largely increased interest, and that outside the line of military duty there will be some rifle matches which should provide good sport.

Among the guardsmen there are a number of first class marksmen, but lately there has been little interest in shooting, and it has been hard to drum up any enthusiasm. Then, apparently for no good reason, interest seemed to revive, and as the new range nears completion, there is more shooting talk than has been heard for some time. Already a number of team matches are in the air, while individual rivalry is beginning to assert itself.

The Kakaako range is to be used jointly by the Territorial soldiers and the marine corps battalion at Camp Verry. Under this arrangement the National Guard is supplying the materials, and Major Neville's men have been doing the actual work, the result being the finest and most substantial construction of this sort in the Territory.

**Marines Versatile.**  
The work has brought out very strongly the versatility of the marines. When Major Neville looked for the right men to detail for the construction work he found many number of privates and non-coms well up in the building trades. There were concrete experts, iron workers, carpenters, and in fact every trade that could possibly have a hand in building concrete rifle butts was represented. This construction corps set to with a will, and the finished product will be ready for the targets in a day or so now.

The new butts which are going up are located in shallow water, the direction of fire being seaward. A substantial float wharf across the shoals and mud flat connects the targets with the shore, and enables the men who serve them to go to and from the butts without inconvenience. The new butts carry four targets for the 300 yard range, while the old butts further out in the water, are being renovated to take care of the 400 yard shooting. The new targets slide up and down vertically, while the old ones are drawn in horizontally.

**Splendid Construction.**  
The construction is up to date and



MAJOR W. C. NEVILLE.

solid in every particular. Excavation was first made to solid coral foundation, and the framework for the pits laid. To protect the men in the pit there is a solid wall of concrete 8 inches thick, and behind this, to guard against any bullet that might penetrate, a space filled with packed sand, making the whole absolutely shot proof.

Altogether, the guardsmen and the marines will have a thoroughly up to date range when the work is completed, and one where shooting conditions are uniformly good.

The picture, taken a few days ago, gives a good view of the new butts, with the marine builders hard at work on them. The lower picture is of Major Neville, who was standing on a string piece inspecting the job when the picture was taken. Incidentally, this is the first time that Major Neville has "had his picture taken" since he was a second lieutenant.

## WHAT INSPIRED JACK JOHNSON

In a reminiscent mood recently Jack Johnson told the secret of his success in the prize ring.

"You want to know the real secret—what got me started right away back when I was a kid?" he asked.

"I'll tell you. It was my father, who was a slave before the war, and who drove a United States army wagon through almost all the struggle. It was the most perfect physical specimen I have ever seen, and he gave me the first lessons I ever had in taking proper care of myself, which is the basis of all physical culture. Father was not a giant in stature, but he was built like the old Roman gladiators. He could lift enormous weights and was a fairly good wrestler. He never did any boxing. He died in Texas six years ago, 84 years old, strong till the day of his death.

"When I got started on my career as a boxer I always used to remember that instruction he gave me. I had such admiration for his physical strength that whatever he said made a strong impression on me. I realize now that I got my real start toward success in those old days down South watching my daddy and heeding the advice which he gave me.

"I'm no millionaire and I've got sense enough to know the 'Old Dame Nature' is going to take the speed and strength away from Jack Johnson the same as she did to Sullivan, Jeffries and the rest of them. So I'm just getting ready for that time. When a man gets to my age the training grind gets to be too much of a strain on him, which brings me to something I want you to say for me. When Labor day comes around Jack Johnson is through with the fighting game, and that goes. What's the use of risking sickness for the sake of a few dollars, more or less?"

"I have two hobbies now, which take up lots of my time," he went on. "One of them is the study of the tubercular germ, and the other an invention of mine, a triple compound cylinder for a steam engine, which I believe ought to be a good thing. I've always been fascinated by machinery. When the Lake Shore & Pennsylvania first put on their eighteen-hour trains between Chicago and New York I used to go down to South Bend often just to watch them go through, and it was on one of these trips that I conceived the idea of my invention. Some day I expect to put money into it and push it hard."

Johnson announced he was engaged in writing a monograph on the tubercular germ and how to exterminate it. Some years ago, when his wife was threatened with pulmonary trouble, he made an extensive study of this scourge, with the result that he has formed some positive opinions.

He (anxiously)—About how long, darling, will it take to complete your treatise?

She—All the rest of my married life.

Teacher (to little boy)—What's a suburbanite?

Little Boy—A suburbanite is a man who lives in the city and sleeps in the country.

The Kind Lady—Poor man! Have you no friends?

The Unfortunate—Not one, ma'am. I bought 'em all something useful for Christmas.

Louise—Do you know Clara well?

Julia—Do I? She lets me see her comb her hair!

For news and the truth about it, all people buy the Star-Bulletin.

## EUGENE CORRI SAYS AMERICAN STYLE OF REFEREEING IS BEST

English Authority Thinks That American Plan Is Better Than English System

A controversy as to whether the referee's position should be in or outside the ring is just now agitating English boxing circles. The question is only part of a movement aimed at some wide-spread reforms. An effort is being made to promulgate an international scale of weights that will be recognized in all countries where boxing is held.

The leading authorities on boxing have given their views for publication. All are in unison regarding the uniform rate scale, but differ on the referee problem. Some decide that the referee is a nuisance in the ring, obstructing the view of the spectators and getting in the way of the boxers. Those taking the opposite side point out that when the referee is outside the ropes he is unable to see a full blow struck if the precipitant happens to have his back turned on him.

Eugene Corri, who is recognized as England's leading referee, favors the American system of refereeing. Gilbert Elliott, chairman of the National Sporting Club of London, takes the opposite point of view. Victor Brayer, the French promoter, when asked to give his opinion, said he favored the plan of having three judges outside the ropes to give the decision and a ringmaster inside to see that the men box fairly.

## BAMBOO POLE HELPED SMASH THE RECORDS

Less than fifteen years ago a pole vault of 9 feet 3 inches was considered a great performance. This height was a record in many sections of the country. The mark has been boosted gradually until at the present time it is 12 feet 1 inch, held by Robert Gardner, of Yale, who made the mark in the Eastern intercollegiate held at Philadelphia on June 1.

The improvement in this event may be attributed to the use of the bamboo pole. When pole vaulting first was recognized as a standard event many poles were used. The vaulters soon tired in repeatedly carrying the heavy poles down the runways and attempting to clear the bar at various heights. After the heavy pole went out of existence, the spruce pole was used and the record was raised still higher.

At this time the coaches, trainers and vaulters began a scientific study of the art of pole vaulting. Everything possible was done to improve the form of the contestants. After the spruce pole supplanted the one of oak, coaches and trainers began looking for some other kind of wood which was lighter but would carry the weight of the vaulter. The bamboo finally was discovered. It was found that if the pole was tapped in different places it would uphold the weight of a man 185 pounds. Now the bamboo pole is used entirely by good vaulters.

Thirteen Feet Some Height.  
At the present time the vaulter has no business taking part in an important meet unless he can clear the bar at twelve feet. The art has reached the stage where it is a common occurrence to see a vaulter measure off a certain running distance and adjust the standards in such a way that nothing will hinder his attempt to get over the bar. Just how high the vaulters will be able to clear the bar is a matter of conjecture, but thirteen feet in the air is a mighty good vault. For those who don't realize how high it is let them climb a tree and look down from that distance. Then they will recognize how difficult it is to get over the bar at such a height.

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A political reformer is a politician who doesn't stand in with the gang.

## "KING OF CLUBS" GIVES ADVICE

Tom Burrows, who, by swinging Indian clubs continuously for 30 hours, earned the title of champion endurance club-swinger of the world, lays his success largely to the care he has taken of his breathing apparatus, and is a firm believer in "feeding" the lungs all the fresh air that is available, and doing this in a scientific manner.

"Treat your lungs right and they won't go back on you in a pinch," says Burrows. "In a place like Honolulu, where there is plenty of pure air everywhere, everyone should know how to make the most of his advantage. If the average man or woman knew how to breathe, there would be fewer jobs for the doctors and undertakers."

Burrows is going to try to smash his own club-swinging record here next week, and to keep the clubs moving for more than 30 hours without sleep or rest he will need to practice what he preaches about good wind. He has written for the Star-Bulletin a short article on deep breathing and club-swinging for health, which, if followed, can not fail to benefit anyone.

By TOM BURROWS.

I propose in this brief article to deal with a branch of the art of club-swinging which is not so well known as it should be, namely, club movements—not swinging—for the preservation of health, or for obtaining an ideal development and a supple, erect carriage for either sex.

In arranging these exercises I have devoted special attention to freedom and looseness of movement, the strengthening of the different groups of muscles so that each exercise acts on the lower and upper limbs, loins and chest, and to create the power of endurance; and no one will, I think, venture to deny that the quality of endurance is no less valuable in the life of a business man or woman than in a feat of endurance club-swinging. Full, Deep Breathing.

Deep breathing is different from breathing with one's exercise. It should be performed before your club movements. In a city within a beautiful garden like Honolulu, feed your lungs three times a day with the pure air, outside or with your window open.

(1) Stand erect, arms hanging by the sides, palms inward; inhale through the nose (mouth shut) a full, deep breath; at the same time slowly raise arms to the front and upwards above the head. Exhale through the mouth, lower arms to the sides, six times.

(2) Stand erect, raise arms in line with shoulders, bend elbows, clasp hands behind neck. Inhale through the

same position.

nose, not too slowly; exhale through the nose, slowly, ten times; keep arms

Club-Movement Exercise.

(1) Grip clubs in the hand, not by the knob. Stand erect, raise arms to the front, width of shoulders; arms stretched to full extent above the head. Describe a full circle outward and downwards; at same time rise on the toes, breathe freely, ten times.

(2) Rise on toes; at same time carry arms behind as far as possible; rise on heels, gripping clubs firmly. Swing arms to front height of shoulders, at same time raising toes and balancing on heels.

(3) Take a step to left (or right, lunge); bend left knee, right leg straight; swing both clubs up to left above head, bend elbows until arms are level with shoulders, drop clubs behind shoulders, then straighten arms above head and return to position. Repeat exercise, lunge to right ten times.

(4) Raise both arms above the head, width of shoulders; heels together, legs straight; bend sideways to the right and left, keeping arms parallel, ten times. This is splendid for external oblique gluteal and hip muscles and the waist for ladies.

(5) Raise arms sideways, at same time raising legs sideways; repeat with other leg. Change. Swing both arms to the front above the head, at same time raising leg to front, knees straight, bending body and neck backwards slightly. Repeat with other leg. Five times each position.

STANFORD'S CREW CAPT. THROUGH WITH COLLEGE

STANFORD UNIVERSITY, July 25.—John Partridge, captain of the Stanford crew, arrived here last evening from Poughkeepsie, N. Y., where he stayed in the big resort on June 29. Partridge says he does not intend to register in college for the fall semester. His absence will leave a big gap in the forward rank of the varsity football team, of which he has been a member for several seasons.

WORLD'S BICYCLE RECORDS LOWERED AT SALT LAKE

SALT LAKE, Utah, July 25.—The world had two of its bicycle records broken here last night. Jackie Clark reduced the one-third-mile professional against time from 23.4-5 to 22 seconds, and Alfred Goulet cut his own one mile human paced professional against time record from 1:45 1-3 to 1:39 3-5, using seven pacemakers.

The National Theater in Mexico City which will cost \$5,000,000 and is but half completed has sunk a foot.

Directors of the Central of Georgia railway (recently authorized a \$10,000,000 issue of bonds.

A Pittsburgh magistrate favors a law compelling husbands to muzzle their wives.

What healthy Nerves Mean to You.

A strong vigorous nervous system means health, strength and ability to endure hardship and also to enjoy the full pleasures of life.

The man with healthy nerves accomplishes greater tasks with less fatigue. He has a clear eye, an active brain and sound body. He is enabled to think better and work faster. He has energy. With healthy nerves he can overcome the hardest competition, be successful and gain wealth.

The woman with healthy nerves is never listless, weak or hopeless, she is not irritable, she never suffers from hysteria, she has a reserved supply of endurance. Healthy nerves will prevent the sleepless mother, although worn with care and nursing, from a "break down" caused by her double or treble duty.

All men and women who suffer from these forms of nervousness—known as Neurasthenia, who have "gone to pieces," who lack energy, who have insomnia, who have succumbed to nervous prostration, or nervous exhaustion, either mental or physical, whose condition is one of irritable weakness, will find ready relief and cure in the peculiar oriental properties of

**Persian Nerve Essence**

These wonderful little tablets contain no mercury or other injurious drugs. They are like magic. The bright eye, the elastic step, the clear and active brain, the courage and strength and comfort they impart are noted almost from the first day they are taken.

One box of Persian Nerve Essence will do a great deal of good, the full course treatment of six boxes are guaranteed to make a permanent cure or the money will be refunded.

The proprietors, The Persian Export Co., 95-97 Liberty St., New York, N. Y., U. S. A., earnestly asks every sufferer to give Persian Nerve Essence a good trial at their risk. Don't delay, commence to-day, the proprietors can be obtained from

A political reformer is a politician who doesn't stand in with the gang.

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